

## DAY 10

## SILENCE...

Silence can be hard.

Life is busy and finding a space and time for silence can be difficult.

You have a thousand thoughts, like "what's for dinner?"

But the beauty of silence is that it's not God speaking through someone else, such as in a sermon or a Christian book, but God speaking directly to you,





In the silence of the heart God speaks.

If you face God in prayer and silence

God will speak to you.

Souls of prayer are souls of great silence.

Mother Teresa

the very silent prayer of a sincere hear

Try silent prayer for five minutes - even if it's difficult!

Make a note afterwards of anything God seemed to say to you,

through thoughts or feelings that came into your mind.



Be still, for the presence of the Lord
The holy one is here.
Come bow before him now
With reverence and fear
In him no sin is found
We stand on holy ground
Be still, for the presence of the Lord
the holy one is here.

## Junior Edition Day 10 Silence...



Be still, for the glory of the Lord
Is shining all around
He burns with holy fire
With splendour he is crowned.
How awesome is the sight
Our radiant king of light
Be still for the glory of the Lord
is shining all around.

Be still, for the power of the Lord
Is moving in this place
He comes to cleanse and heal
To minister his grace
No work too hard for him
In faith receive from him
Be still, for the power of the Lord
Is moving in this place.

Cut out the star and make
5 copies. On each one write the
name of one of your friends.

Leave these stars scattered around
your house. When you see one later, pick it
up, hold it and pray quietly for that friend.

